

MY GROWTH STORY

10 GREAT WAYS TO JOURNAL, CREATE YOUR GROWTH STORY

CLASSIC JOURNAL

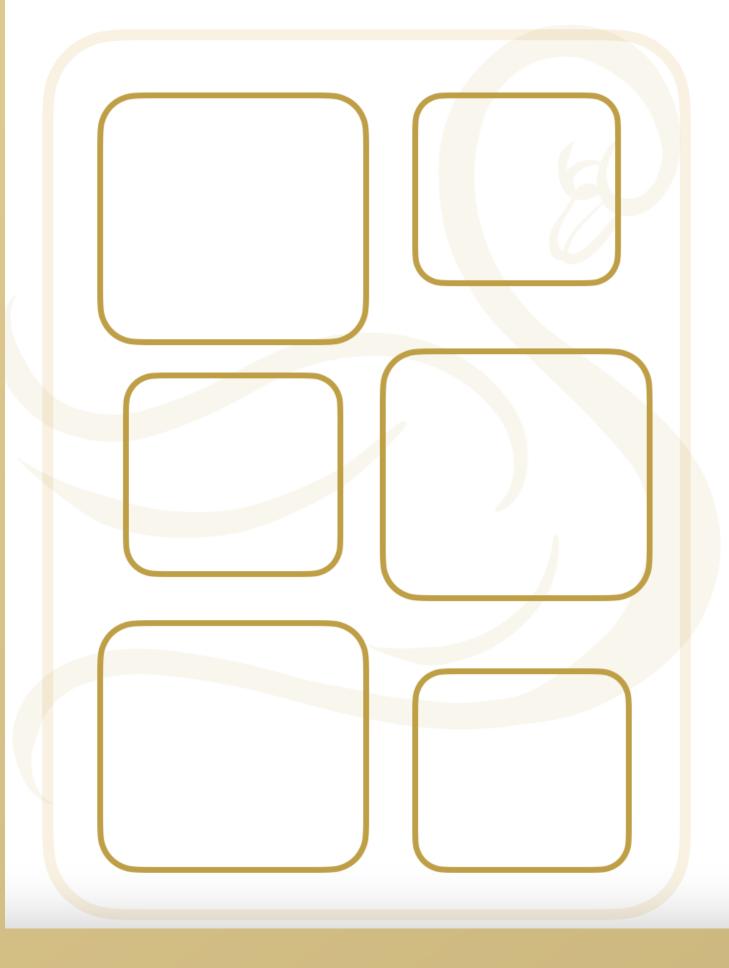
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STORY STORY STCAR

POSTCARD STORY

Dear Me,		S.
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GRATITUDE BOARD



LIFE STORY Monthly Challenge

Current Level Satisfaction	J + 30	J + 30	J + 60
	GOAL		
MINDSET OR THOUGHT TO CUL	LIIVAIE		
EMOTION TO TRAIN			
ACTION PRIORITY 1			
ACTION PRIORITY 2			
ACTION PRIORITY 3			

CHAPTER

<u>Chapter</u>

LIFE STORY SCRIPT

SCRIPT FOR IDEAL SITUATION
WHAT I DESIRE IS
DETAILS (SENSES)
MINDSET : IDENTITY
THIS WILL BENEFIT
LB TO CHANGE
FEAR TO TRANSFORM
SKILL TO UPGRADE

STORY BOOK

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LADDER JOURNAL



ELEMENTS JOURNAI

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REATIVE JOURNAI

CREATIVE JOURNAL

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SHORT JOURNAL

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DIAMOND STORY

